

2024 . SEPTEMBER

MON	TUE	WED	THU	FRI	SAT	SUN
						1 #Goals Workshop (1pm-2pm)
2 LABOUR DAY HOURS ??	3 HW – Michelle (9am-2pm) Yoga with Rachel from Lululemon (1-1:45pm)	4 Overcome (4-6pm) The Queer Agenda (6-8pm)	5 Ontario Works (10am)	6 Friday night open mic (6pm)	7 GAMES DAY! (2-4PM)	8 #Goals Workshop (1pm-2pm)
9	10 HW – Michelle (9am-2pm)	11 Overcome (4-6pm) The Queer Agenda (6-8pm) Healthy Relationship (1:30pm)	12 Ontario Works (10am) Investing 101 with Mo (5:30-6:30pm)	13 Dental hygienist (11-1pm)	14 EMOTION REGULATION (7PM)	15 #Goals Workshop (1pm-2pm)
16 CONFLICT RESOLUTION WORKSHOP (1:30PM)	17 HW – Michelle (9am-2pm) Investing 101 with Mo (5:30-6:30pm) Emotion Regulation (7pm)	18 Overcome (4-6pm) The Queer Agenda (6-8pm)	19 Ontario Works (10am)	20 EMOTION REGULATION (6PM)	21 Self-Care Workshop (2pm-3pm)	22 #Goals Workshop (1pm-2pm)
23	24 HW – Michelle (9am-2pm) ASCO- (11-12pm) Emotion Regulation (1:30pm)	25 The Queer Agenda (6-8pm)	26 Ontario Works (10am) Dental hygienist 11-1pm Investing 101 with Mo (5:30-6:30pm)	27 Dental hygienist (11-1pm) Impluse Control (1:30pm)	28 GAMES DAY! (2pm-4pm)	29 #Goals Workshop (1pm-2pm)
30 TRUTH AND RECONCILIATION DAY						